动作短语：

1. sit forzen in 浑身僵硬地坐
2. run to keep up with 跟着...跑
3. fight back tears 止住眼泪
4. with a lump in his throat 喉咙哽咽
5. his mind go blank 脑子一片空白
6. set about walking 启程
7. drop off to sleep 睡着
8. flood xx 充满，洒满
9. feel one’s spirits sink even lower发现情绪更低落
10. signal xx to be ... 示意xx。。。
11. spring to one’s feet(-sprang-sprung)跳起来

神态表情：

1. half laughing,half crying 半哭半笑
2. xxx, hunderstruck 震惊（adi,可放在句末逗号后)
3. a sudden doubt come into one’s eyes眼中忽然露出一丝怀疑